

Sow the Wheat Contra

Chuck Abell

Improper

A1 (16) Neighbor Balance and Swing

A2 (8) Gents Allemande left 1 1/2
(8) Partner swing

B1 (8) Right and Left throught
(8) Circle left 3/4

B2 (4) Balance the Ring
(12) Sow the wheat/Mow the clover 1 1/2, ones duck first *

Notes : * Twos arch, ones duck under, then back up arching over the twos, then duck again to progress. Basically an inside dosido 1 1/2 while holding partner's hand