

# Martha's Hot & Spicy

John Cofmann

Improper

**A1** (8) Zig left, Zag right, Zig left to meet New neighbors #3  
(8) Allemande Neighbor #3 right 1x to return to Neighbor #2

**A2** (16) Neighbor #2 Balance and Swing

**B1** (8) Men Allemande Left 1 1/2  
(8) Partner Swing

**B2** (8) Right and Left through(across)  
(8) Circle left 3/4

**Notes :** Progression takes place in A1. [Dancers progress forward two places, then back one place for a net progression of one forward.] The Zig, Zag, Zig is done by holding inside hands {man's right joined to lady's left}; couples move {Zig} to their individual left to move past their current neighbors {ladies passing right shoulders}; then move {Zag} to their individual right to move past their second neighbors {men pass left shoulders}; then move {Zig} to their individual left again to come face to face with neighbors #3. All should then allemande Neighbor #3 by the right 1X to face Neighbor #2.

End Effects: I do not recommend trying to teach end effect to the dancers - just tell them to go where they are needed. For those who are a bit anal, like me, here is how they work: If you have a neighbor #2 facing you at you at the end of the line, just turn around at the end to face neighbor #3 to allemande right. If you do not have a Neighbor looking at you at the end of the line, California Twirl at the end to face back in with your partner.